

2016 臺灣自行車節 Taiwan Cycling Festival - Taiwan KOM Challenge

2016 Taiwan KOM Challenge

Pre-Race Notice

1. Event Schedule:

Oct. 25 (Tuesday)

14:00-15:00: Taipei International Press Conference at the Ministry of Transportation and Communications.

Oct. 27th (Thursday):

10:00 – 11:00: Press conference at start line.

13:00 – 16:00: Teams and riders check-in at the Hualien Parkview Hotel.

15:00: Welcome Party and Riders Meeting at the Hualien Parkview Hotel.

Oct. 28th (Friday):

05:30: Riders sign in and check in their day bags.

06:00: Race safety briefing.

06:10: Opening Ceremony.

06:30: RACE START TIME.

10:30: First rider ETA to the finish line.

11:00: GC overall top 6-photo shooting at Wuling.

12:00: All categories on-site award ceremony at Kunyang parking. Lunch.

13:30: Wuling finish line closing time. The time limit is 7 hours since the Qixingtan start.

18:00: Riders' dinner_ Chateau de Chine Hualien. (Registrants via English webpage only)

2. Rider Identification, Race Route and Rider Categories

A. Bib and Number Identification:

- 1. Affix your two race numbers on the lower back of jersey as shown.
- 2. Attach your timing chip on the lower portion of FRONT fork as shown.







▲ 號碼布 Race Number







B. Race Route

<u>Route</u>: Hualien Qixingtan o Taroko Bridge o Route 8 o Tianxiang o Xinbaiyang o Bilu Sacred

Tree \rightarrow Guanyuan Gas Station \rightarrow Dayuling \rightarrow Route 14A \rightarrow Hehuan Mountain/Wuling.

Total Distance: 105km, Altitude: 3275 meters.

C. Rider Categories

Elite: 19 years old and above (born before 1997)

M16: 16-19 years old (born 1997-2000)

M20: 20-29 years old (1987-1996)

M30: 30-39 years old (1977-1986)

M40: 40-49 years old (1967-1976)

M50: 50 years old and above (born before 1966)

Women: 16 years old and above (born before 2000)

3. Road Conditions:

- 1. 29.8 km/Route 8 at the 176.3 km sign: DreiLi Tunnel road section, tunnel repair construction.
- 2. 36.0 km/Route 8 at the 170.1 km sign: TianXiang road section, road side construction.
- 3. 48.3 km/Route 8 at the 157.8 km sign: XueChiaChang road section, road side construction.
- 4. Route Tai 14A: Dayuling through Wuling road section, manhole cover on the road, gap width may up to 4 cms. Please proceed with care.

4. Race Regulations:

- 1. Race rules are referenced from UCI regulations, and organizer may add additional rules due to safety concerns and safety requirements.
- 2. All riders must ride standard road bikes with a "down curved" handle bar.







- 3. Riders must affix front and rear lights and MUST remain mounted during the entire race for use through tunnels and possible foggy conditions.
- 4. Riders must wear helmet, gloves, sleeved jersey, have water bottles and supplements, and recommended carrying a windbreaker for possible inclement weather conditions.
- 5. Appeals must be filed within 20 minutes at the end of the race, along with a NT\$1000 deposit.
- 6. Violations to the regulations and/or commissaries' instructions may result in disqualification.

5. Feed Zones & Maintenance/Repair Regulations:

- 1. Riders are recommended to carry proper supplements to deal with high attitude conditions.
- 2. Team cars can only provide fixed feed zone support at *Bilu Sacred Tree and *Guanyuan Gas Station.
- 3. Official feed zones and maintenance/repair locations:
 - *Xibao: water, sports drink.
 - *Xinbaiyang: water, sports drink, bananas.
 - *Bilu Sacred Tree: water, sports drink, bananas, bread.
 - *Guanyuan Gas Station: water, sports drink, ginger tea, bananas.
 - *Wuling: Ginger tea, hot drinks.
 - *Kunyang: Lunch.
- 4. Only team cars identified with "2016 KOM TEAM CAR" stickers are authorized to follow behind race commissaire vehicles. The stickers could be available at the team manager meeting on 10/27 15:00.
- 5. At the start of the race, all team cars will follow behind Race Commissaire vehicle #6.
- 6. After passing the "Wenshan" green sign on Route 8 at 166.2 km, depending on race situation, race commissaires will allow team cars to pass Race Commissaire vehicle #6 and may follow behind Race Commissaire vehicle #5. Thereafter, team cars take all instruction from race commissaires.
- 7. Team cars must depart Hualien start line before 6:00 am to the designated two feed zone stations. After leaving feed zones, team cars are not allowed to drive between and through riders, team cars can only depart feed zones after Race Commissaire vehicle #3 has passed the feed zone, and then may follow behind Race Commissaire vehicle #3.
- 8. Team cars are only allowed to feed riders at two feed zones: <u>Bilu Sacred Tree</u> and <u>Guanyuan Gas</u>

 <u>Station</u>. **NOTE: Team cars are NOT allowed to provide "dynamic feeding" within the peloton or on any part of the race route except for the two designated feed zones. Any team car violating this regulation will result in disqualifying their rider(s).
- 9. When entering feed zones, riders are required to slowdown or stop in order to maintain a safe exchange of supplements and water.
- 10. In case of inclement weather conditions, there are warming buses located at: Xinbaiyang, Bilu,







Guanyuan Gas Station, Dayuling and Wuling finish line.

11. Race organizer provides neutral support of 10-speed or 11-speed Shimano wheel sets.

6. General Notice:

A. Pre-Race Information

- 1. Due to high altitude and long distance of this race, riders are reminded to consider their reaction to altitude sickness; as well, at the finish line area at Wuling, there is a high possibility of cold temperatures (0°C), riders are recommended to wear and carry proper clothing in case of inclement weather conditions during the race.
- 2. All riders <u>MUST</u> to put a change of dry clothing and <u>WARM</u> clothing in their day-bags. Day-bag check-in is from 05:30 am to 05:50 am at the starting line area. Day-bags will be transported to Wuling.
- 3. Falling rocks are a hazard in the Taroko Gorge and along the entire route. Riders should be aware of these risks when deciding whether or not to participate in this event.
- 4. Riders are required to prepare rain vests if rainy weather is forecasted.
- 5. Day-bags have to be attached with event luggage tags with the rider's race number and name clearly written on the tag, before being handed over to luggage truck. Luggage tags can be available at the event check-in process.

B. Intra-Race Information

- 1. Riders are to use the right lane of the road, and NOT use the on-coming lane. Riders are NOT allowed to pass the centerline of the road along the route and on downhill turns.
- 2. If riders experience altitude sickness and/or severe cramping, riders should immediately stop and rest, and seek medical attention immediately. Riders are reminded not to overexert themselves and be cautious to the reaction of high altitude sickness.
- 3. Please be aware of the environment and do NOT throw trash on the side of the road.

C. Post-Race Information

- 1. Awardees are requested to attend the award ceremony in Kunyang parking lot. If an awardee is not present at the award ceremony, awards will not be mailed.
- 2. Team cars are not allowed to park at the Wuling finish line area. Team cars are to wait at the Kunyang parking lot.







- 3. First 3 finishers have to take doping test immediately. Riders arriving finish line please receive finishers medal, pick up day-bags, then proceed to Kunyang parking lot to turn-in timing-chip, receive lunch meal, and to meet up with team cars or shuttle buses. All categories' award ceremony will be in Kunyang parking.
- 4. Team cars using the east route returning to Hualien are allowed to depart at 13:30 pm after the finish line closes. There are no restrictions for team cars using the west route towards Puli. Riders that used neutral support wheels and/or any other equipment, please return items to the organizer at Kunyang parking lot.
- 5. This event strictly prohibits participants from cycling down from Wuling back to Hualien or onto Puli. The organizer is not responsible for any accident after participants cross the finish line. Riders must use team cars or other support vehicles to return to Hualien or onward to Puli. If a rider has no support vehicle to bring them back to Hualien or onward to Puli, the organizer provides shuttle bus service (prior booking required) back to Hualien, see the event website: www.taiwankom.org

7. Check Point Times and Rider Termination:

- 1. Race check points are Bilu Sacred Tree 11:30 am, Dayuling 12:30 pm, and Wuling 13:30 pm.
- 2. Race commissaires have the right to terminate a rider if he/she has fallen too far behind the peloton or has not hit the allotted time to a check point. Terminated riders can either wait and be picked up by a team car or get picked up by the "Broom Wagon" vehicle.
- 3. In case of inclement weather conditions, the organizer may change the distance of the race. Any changes will be immediately announced.

8. Team Vehicle Notice:

- 1. "2016 KOM TEAM CAR" stickers will be offered at the rider/team manager meeting on Oct. 27th.
- 2. Team cars must depart Hualien start line before 06:00 am to the designated two feed zone stations. After leaving feed zones, team cars are not allowed to drive between and through riders, team cars can only depart feed zones after Race Commissaire vehicle #3 has passed the feed zone, and then may follow behind Race Commissaire vehicle #3.
- 3. Team cars are prohibited entering into the peloton and/or drive amongst/along side riders. Team cars violating this regulation will disqualify their rider(s) and team. **NOTE: Team cars are NOT allowed to provide "dynamic feeding" within the peloton or on any part of the race route except for the two designated feed zones.
- 4. Teams are requested to bring radios to listen to race information. Except for a serious incident, teams are not to communicate using the race event frequency. The race event frequency is 145.90MHz.







5. Riders needing maintenance/repair are to stop along side the road and wait for their team car to arrive. Only under special circumstances, a race commissaire can modify this restriction during the race.

9. Timing Chips:

- 1. Deposit for each timing chip is NT\$ 1,000 per individual. Deposit will be refunded upon turn-in.
- 2. Race results are based on the data from the timing chips. Riders who registered but fail to attend the race must return the time chips before the race starts.
- 3. Return timing chips at the "Timing Chip Refund" sign located at the Kunyang parking lot area.

10. Drug Testing:

1. There will be drug(doping) testing for the top 3 finishers. The drug test examiners will follow the top 3 finishers until the drug test sample has been taken. The top 3 finishers will not be allowed to leave Wuling finish line area until the sample has been taken. Riders who do not follow this regulation will be immediately disqualified.

11. Insurance and Health Notice:

- 1. Liability insurance is offered for this race and only covers an accident caused by the organizer during the event. That means, according to Taiwan law, the insurance only covers the race or accident during the event that is caused by the organizer's mistake or remissness. Any personal health issues during the race or any riding injury caused by a personal health problem will not be covered by the insurance. Riders who have a personal health problem/issue should not attend this event. If riders wish to have increased or have additional insurance coverage, riders should purchase additional personal insurance to cover any risks during this event. For more details about the offered liability insurance, please check the insurance webpage. The claim amount coverage is shown on the insurance webpage. Organizer will not offer any additional compensation other than what is stated by the insurance company. If riders do not agree with the terms of the insurance coverage, riders will not be allowed to race.
- 2. Local riders and foreigners with a Taiwan resident card should carry their Taiwan Health Insurance Card during the race. Foreign riders should carry an identification card and medical information card. If medical attention is required, carrying these forms of identification will assist in processing immediate/urgent care and insurance claims.
- 3. Any rider with health issues, or history of health issues such as hypertension, cardiovascular disease, heart disease, diabetes, epilepsy and/or asthma, are not advised to participate in this event.

12. Media Rights and Permissions:







1. The organizer has the right to publish or share all videos, photos, race information and race results related to this event with media, internet, and various promotional venues. Attendees and riders must agree to the right of the organizer to use all materials for future promotions and future advertising.



